

# Snack Foods Allowed in Roxbury Schools Instructional Spaces Jefferson Elementary School

## **All fruits and vegetables**

(peas are in the peanut family)

**Annie's snacks:** any Annie's snack that the label identifies as not containing nut products.

**Bachman's** Pretzels (Stix contain sesame)

**Back to Nature Brand:** Honey Graham Sticks and Cheddar Crackers

**Belvita** breakfast biscuits - cinnamon brown sugar (those with no nuts or processed with nuts on label) (soft items have eggs)

**Betty Crocker:** Fruit roll-ups, Fruit by the foot, Fruit gushers and Fruit Shapes

**Cascadian Farms** Organic Chewy Granola bars (some contain eggs)

**Cheerios** (not honey nut)

**Cheese:** All cheeses ok

**Enjoy Life** cookies or Ricemilk chocolate bar (can be eaten at lunch only)

**Frito-Lay Brand:** Baked! Ruffles Potato Crisps, Cheetos, Doritos, Corn Chips, Funiyuns, SunChips, Tostitos Tortilla Chips

**FruitaBu Brand:** Organic Smooshed Fruit Flats and Fruit Twirls

**General Mills** Products that indicate "No Allergens" on label

**Glutino** Gluten Free crackers (cookies may contain traces of nuts)

**Herr's** Pretzels and Chips

**Snack Pack** Pudding and Gel Snacks

**JELL-O Brand:** Pudding and Gelatin Snacks

**Keebler Brand:** Club Crackers, Fudge Shoppe Fudge Stripes Cookies, Grahams, Bug Bites and Scooby-Doo Grahams, Vienna Fingers

**Kellogg's Brand:** NutriGrain Cereal bars, Special K chocolatey strawberry bars, Pop-tarts (contain eggs), Rice Krispies Treats (all varieties), Special K Snack Crackers

**Kozy Shack** Pudding (Tapioca has eggs)

**Handi-Snacks** Pudding

**Linden's** 3-pack chocolate chip cookies

**Lunchables** snack packs - *read labels*

**Manischewitz** Tam Tam Crackers

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**Nabisco Brands:** 100 calorie packs, barnum's animal crackers, Chips Ahoy chocolate chips cookies, Fig Newtons, Honey Maid Graham Crackers, Kraft Cheese Nips, Kraft Handi-Snacks, Ritz Crackers N Cheez, Nilla Wafers, Oreos, Premium Saltines and Oyster Crackers, Snackwells cookies, Teddy Grahams, Triscuits

**Pepperidge Farm:** Goldfish crackers, Goldfish pretzels

**Pop Chips** all natural potato chips

**Potato chips** (excluding Lay's Kettle cooked and Miss Vickie's)

**Quaker Brand:** Oatmeal Squares, Rice Cakes - read labels for nuts

**Ready Pac** Cool Cuts with Ranch Dip (contains egg)

**Riceworks** Gourmet Brown Rice Crisps (contains sesame)

**Robert's American Gourmet** Pirate's Booty and Smart Puffs

**Sage Valley** Organic Popcorn

**Shoprite** Individual Pudding Snacks

**Skeeter** Products (*read labels*)

**Smartfood** Popcorn

**Snack Factory** Deli Style Pretzel Crisps

**Sunshine Brand:** Cheez-it Original Snack Crackers, Party Mix (*read labels*)

**Trader Joe's** White Cheddar Corn Puffs

**Treasure Mills** banana chocolate chip mini loaf

**Utz products:** Label identifies no nut products

Veggie Straws, Cinnamon Apple Straws

**Welch's** Fruit snacks

**Wise Brand:** Bravos Tortilla Chips, Potato Chips, Popcorn, Cheez Doodles

**Note:** Specialty Holiday cookies cannot be guaranteed by the manufacturers to be nut free, and are not allowable.

**\*\*\*Please read food labels before sending in snacks with your student. If the label reads "May Contain Nuts or Nut Products" or "May have been Processed in a Factory that Processes Nuts or made on the same equipment", it is not allowed in classrooms.**

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